



**CARESIA™**

MANUFACTURED BY SOLARIS

**Bandage Liners**



# Caresia Bandage Liners

Caresia bandage liners are standard sized bandage liners which simplify complex multi-layered bandaging protocols while enhancing therapeutic outcomes in the active phase of therapy.

Caresia bandage liners are available in full arm, glove, gauntlet, half leg, and foot styles.

To purchase a Caresia, consult your therapist or fitter. Learn more at:  
[www.solarismed.com](http://www.solarismed.com)



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# Caresia Components

- Meryl/Lycra fibers
- Medical grade foam
- Latex-free
- Manufactured in the USA

## Returns & Warranties

**Returns:** Within 2 weeks of purchase date, if the garment is found to be defective, Solaris will replace it. Please contact Solaris directly.

**Warranties:** In an effort to keep prices low, Solaris does not warrant Caresia products.

# Helpful Hints

- Take your time when donning your Caresia.
- Use care and be gentle to prevent thread breakage.
- Wash weekly or more frequently as needed.
- Machine wash with mild detergent on gentle cycle.
- Double rinse to remove soap residue.
- Never use additives such as bleach or fabric softener.
- Tumble dry on low heat thoroughly to re-fluff foam.
- Place clean tennis balls in dryer to fluff up the foam.
- Discontinue use immediately if rash, numbness or skin color changes are noticed.

# Donning the Arm

1. Locate the thumb opening on the garment. The seam will follow the top surface of the arm.



# Donning the Arm

2. Fold the upper portion of the garment over the lower portion. Place the hand in the lower half, inserting your fingers and thumb into the openings.



# Donning the Arm

3. Gently unfold the garment onto your upper arm, adjusting for a comfortable fit.



# Donning the Arm

4. Starting with the palm, apply short-stretch bandages snugly over the Caresia according to your medical professional's advice.



# Donning the Hand

1. Gently slide the garment onto your hand, adjusting for a comfortable fit.



# Donning the Hand

2. Starting with the palm, apply short-stretch bandages snugly over the Caresia according to your medical professional's advice.



# Donning the Leg

1. Locate the upper portion of the garment and fold it over the lower portion.



# Donning the Leg

2. Insert your foot into the garment and gently slide the garment over the foot and onto the leg, adjusting for a comfortable fit.



# Donning the Leg

3. Gently unfold the garment onto your leg, adjusting for a comfortable fit.



# Donning the Leg

4. Anchor the short-stretch bandage at the ankle, then wrap from toes to knee according to your medical professional's advice.



# Donning the Foot

1. Gently slide the garment over the foot, adjusting for a comfortable fit.



# Donning the Foot

2. Starting with the ankle, apply short-stretch bandages snugly over the Caresia according to your medical professional's advice.



# Swell Spots

Swell Spots are professionally designed treatment pads that tuck into garments or under bandaging to address particularly troublesome areas of edema, fill contours, or diffuse pressure points & break up fibrosis.

You can view our entire line of therapeutic products designed specifically to resolve swelling and its complications online at [www.solarismed.com](http://www.solarismed.com)



# Tribute Therapeutic NightWear Garments

## Long-Term Self-Management

Tribute custom designed NightWear garments are essential for a successful lymphedema home management program. Worn nightly, your Tribute garment will offer an effective solution to help regulate fluid fluctuations, decrease tissue turgor, and assist a weakened lymphatic system. Solaris' attention to the details provides you with a garment that eliminates complex bandaging, and is stress free, comfortable to wear, easy to care for, and backed with a one year warranty.



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FREEDOM TO LIVE

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